

20200 Redwood Road  
Lynn Ellen Marcus, LMFT  
Castro Valley, CA 94546  
License MFC 30429  
510-632-2244

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Name

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Home Address

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Mailing Address

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Cell Phone #

Alternate Phone #

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Emergency Contact Person

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Date of Birth

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My preferred mode of contact is:

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Telephone

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Home

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Cell

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Email

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Mail

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Other:

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It is okay to leave a detailed message?

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Please describe the concerns that brings you here today:

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On the other side of this page, please check any other concerns you have been having lately.

### Other Concerns

- my personal relationships
- my job/career
- unemployment
- my finances
- school
- housing
- my physical health
- chronic pain
- my identity/sense of self
- lack of purpose/ meaning/direction in life
- difficulty getting close to others
- loneliness
- procrastination
- my impulse control
- self-cutting/self-injury
- my anger management
- domestic violence
- Internet/social media concerns
- grieving the loss or death of a loved one
- divorce/separation/child custody
- caring for an aging parent
- caring for other dependents (e.g., ill partner, children)
- maintaining my ability to live independently
- legal problems
- recent trauma/memories of past trauma
- a painful anniversary
- my alcohol and/or drug use
- my current psychiatric medication
- other(s):  
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